

# Booklist

A short list of recommended books.

## Emotional Intelligence (EQ)

- *“Working with Emotional Intelligence”* by Daniel Goleman.  
Covering the five EQ dimensions, with practical tips to improve yours. This book is much better than his book on EQ first published in the 90s
- *“Go such a lemon: Strategies for improving your EQ”* by Michael Cornwall  
Based on real life experiences a simple, basic guide. A bit in your face and audio book annoying as constant music in background.
- *“Emotional Intelligence Activity Book – 50 activities for promoting EQ at work”* by Adel Lynn  
Heaps of practical activities to do personally or with your team.
- *“Emotional Intelligence Coaching”* by Stephen Neale, Lisa Spencer-Arnell and Liz Wilson  
Filled with practical activities and case studies

## Cultural Intelligence (CQ)

- *“Leading with Cultural Intelligence – The new secret to success”* by David Livermore  
A broad understanding of CQ and cultural values and how to use this to lead organisations/teams.
- *“Driven by Difference – How great companies fuel innovation through diversity”* by David Livermore  
Following the previous book (though can be read independently). How to link diversity to innovation.
- *“Say anything to anyone, anywhere – 5 Keys to successful cross-cultural communication”* by Gayle Cotton  
A practical guide with descriptive behaviour for doing business globally.
- *“Cultures and Organizations – software of the mind”* by Geert Hofstede, Gert Jan Hofstede and Michael Minkov  
Over 500 pages in an academic writing style. A great baseline book to get a broad cultural understanding.
- *“Global Negotiation – The new Rules”* by William Hernandez Requejo and John I. Graham  
An academic writing style, filled with case studies and examples of dealing with specific cultural groups. Written from an American angle.